





THE REQUIREMENT
- V12

- 1. SPONTANEOUS - Even Now**
- 2. SPECIFIC - Return to Me**
- 3. SINCERE - With all your Heart**
- 4. SACIFICIAL - With Fasting**
- 5. SENSITIVE - With Weeping and Mourning**



THE REASON
- V13-14

Rending a Garment showed:
Some do not rend their hearts or their garments

Some rend garments but not heart

Some Rend heart but not garment

Some render both

Real Sorrow is:
It is Heartfelt:

It is Deliberate:

It is Intense:

God is:
Gracious:
Merciful:
Slow to Anger:
Shows Kindness:
Relents of Calamity: