



REALIZE THE CURE



BURN IT

CUT IT

DRUG IT

STARVE IT

Forgiveness
The Key to Freedom

FORGIVENESS IS THE KEY THAT UNLOCKS THE DOOR OF RESENTMENT AND THE HANDCUFFS OF HATRED. IT IS A POWER THAT BREAKS THE CHAINS OF BITTERNESS AND THE SHACKLES OF SELFISHNESS.

CORRIE TEN BOOM

Resentment is when you allow what's eating you to eat you up. Revenge is the raging fire that consumes the arsonist. Bitterness is the trap that snares the hunter. And mercy is the choice that can set them all free.

— Max Lucado —

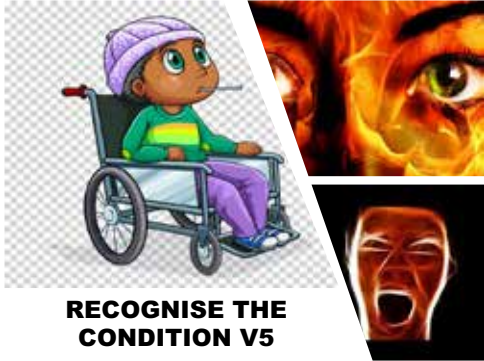


**1 KINGS
2:1-10**

**THE GIANT
OF RESENTMENT**



OUTLINE: 1 KINGS 2:1-10



**RECOGNISE THE
CONDITION V5**



KEEP RECORDS

**DISPLAY
ANGER**

WITHDRAWAL



**REVEAL THE CAUSES
- V8**

**PAST
OFFENSE**

**NURTURE A
GRUDGE**



**ROOT OF
BITTERNESS**

**CANCER OF
RESENTMENT**



**REMEMBER THE
CONSEQUENCES**

**POISONED
PERSPECTIVE**

**DAMAGED
RELATIONSHIPS**

**AFFECTING
FRIENDS**

**SOURING OF THE
SOUL**

